# Evaluating the lexical difficulty of teaching materials with NWLC 

## NWLCで教材の難しさを評価する

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#### Abstract

This article provides a practical example of how English teachers can use the vocabulary profiling application，New Word Level Checker－NWLC（https：／／nwlc． pythonanywhere．com／）to evaluate the lexical difficulty of teaching materials．NWLC provides teachers with a quick and objective approach for appraising the difficulty of a prospective text，test，or worksheet．The paper begins with an introduction to the coverage comprehension model（McLean，2021）and its implications for selecting classroom materials．Importantly，this section discusses the recommended coverage benchmarks for different receptive modalities，or what percentage of words learners have to know from a text to sufficiently comprehend it．A step－by－step example of how to use the NWLC to measure the lexical difficulty of a TED® talk follows．


KEYWORDS：Vocabulary profiling，Corpus－based approach，Lexical coverage， Viewing comprehension，ELT materials design

## 1．INTRODUCTION

Do you ever come across a text or a scene in a movie where you think to yourself， ＂this would be nice to use in class＂，or wondered，＂will this text be too difficult for my students？＂This article introduces an efficient and objective approach for answering these questions－surveying the lexical difficulty of a text with a vocabulary profiling tool．In the example presented in this article，all a teacher needs to do is copy and paste a text，transcript，or exercise into the free website，New Word Level Checker－NWLC （https：／／nwlc．pythonanywhere．com／）．NWLC will then report on the text＇s lexical coverage．In more practical terms，the profile will indicate within which word frequency band（usually a band of 1000 words－1K）the text＇s vocabulary falls into．As the meaning of higher frequency words are more likely to be known to students，a text comprised of more high－frequency words will generally be easier for learners to comprehend．To that end，the lexical profile report can be used as a measurement of a text＇s difficulty，
and determine its appropriateness for different learning tasks. This article will provide English teachers with a practical example of how to use NWLC to evaluate the lexical coverage (difficulty) of a TED talk. But first, however, it is important to discuss the developments in lexical coverage research and how it can help teachers make more informed decisions about the appropriateness of classroom materials.

## 2. COVERAGE COMPREHENSION MODEL \& SELECTION OF CLASSROOM MATERIALS

The coverage comprehension model (see McLean, 2021) argues that if learners know the meanings of approximately $98 \%$ of the words within a written text, the lexical difficulty of the text should not inhibit comprehension. To put it more succinctly, if a language learner knows fewer than $98 \%$ of the words on a page, they will have trouble comprehending the text (e.g., Hu \& Nation, 2000; Laufer, 1989, Schmitt et al., 2011). For readers hearing about this concept for the first time, $98 \%$ may seem like a conservative benchmark, as learners can draw from background knowledge and use other metacognitive strategies to overcome the comprehension gaps created by unknown vocabulary. However, in the example texts below where pseudowords have been used in place of real words, the comprehension difficulties even a very advanced English reader experiences when reading with 95\% (Figure 1) and 90\% (Figure 2) coverage ought to be glaringly obvious. Furthermore, it is worthwhile noting that all words are not equal. Comprehension difficulties are compounded when an unknown word significantly contributes to a text's meaning.

## Figure 1

An example of a graded reader text with 95\% coverage


In the morning, you start again. You shower, get dressed, and walk slowly. You move slowly, half-awake. Then, suddenly, you stop. Something is different. The streets are drulch. Really drulch. There are no people. No cars. Nothing. "Where is slisque?" you ask yourself.

Fuilt, there is a loud noise- a police car. It speeds by and almost hits you. "Off the street!" he shouts. "Go home, lock your door!" "What? Why?" you shout back.

But it's too late. He is gone.

Figure 2
An example of a graded reader text with 90\% coverage


Some readers may also wonder whether different modalities, such as audiovisual input, where learners can draw from spoken and visual cues, necessitates different coverage comprehension benchmarks. However, studies looking at this question have tended to recommend coverage levels close to $98 \%$. In listening comprehension, $90 \%$ coverage may be possible in some contexts. Giordano (2021) found that some Japanese learners could comprehend videos of casual dialogues at $90 \%$ coverage. Similarly, van Zeeland and Schmitt (2013) found that a small proportion of their participants (foreign students taking graduate courses in the UK) could comprehend spoken narrative texts at $90 \%$ coverage. Nevertheless, in both studies, the researchers concluded that listening comprehension was much more stable across their entire samples when coverage was over $95 \%$. In a study that evaluated viewer comprehension while watching a documentary series, Durbahn et al. (2020) found that Chilean learners' comprehension scores improved from $62 \%$ to $87 \%$ when the vocabulary coverage changed from $92 \%$ to $99 \%$. In terms of listening in academic contexts, such as a lecture, coverage benchmarks of $98 \%$ were recommended by Noreille et al., (2018) and Stæhr, (2009). To summarize, while there are some variations in coverage benchmarks for different input modalities and genres, these differences are negligible. Much more coverage comprehension research is needed, particularly in the area of audiovisual input, but the evidence thus far suggests that language learners need to know almost every word in a text to sufficiently comprehend it.

When interpreting the coverage comprehension model, language teachers also need to understand that there are often imbalances within learners' receptive
vocabulary knowledge. Across a range of L1 backgrounds (e.g., Milton et al., 2010; Mizumoto \& Shimamoto, 2008; van Zeeland, 2013) English learners' spoken receptive vocabulary knowledge (i.e., the vocabulary knowledge available while listening) is typically reported to be lower than their written receptive vocabulary knowledge (i.e., the vocabulary knowledge available while reading). Therefore, students tend to find spoken or audiovisual texts harder because their spoken receptive vocabulary knowledge is underdeveloped. Furthermore, the listening modality in general deserves special consideration because language learners cannot control speech rates or accents, and when compared to reading, words are only available for a fleeting moment. Therefore, the potential weaknesses within learners' spoken receptive vocabulary knowledge and a lack of agency felt by learners while listening suggests that a more prudent selection of spoken or audiovisual texts would prioritize a $98 \%$ lexical coverage benchmark.

Lexical coverage research also has implications for the types of activities teachers implement. For teachers familiar with the four strands (Nation, 2007), activities focusing on fluency development (e.g., timed reading; see Milliner, 2021), lexical coverage ought to be $100 \%$ (i.e., no unknown words in the text). For meaning-focused input tasks such as extensive reading or extensive viewing, a $98 \%$ coverage level is recommended (Nation, 2007). And, in language-focused instruction (e.g., exercises in an intensive reading textbook with glossaries, dictionaries, and other vocabulary support) a recommended lexical coverage figure is nothing lower than $85 \%$ (Schmitt et al., 2011; Stoeckel et al., 2020).

## 3. NEW WORD LEVEL CHECKER - NWLC

New Word Level Checker (NWLC) (https://nwlc.pythonanywhere.com/) is a web application for vocabulary profiling designed by Professor Atsushi Mizumoto (Kansai University) to meet the needs of Japanese learners of English. NWLC analyzes English words submitted by the user and produces vocabulary levels based on the selected word lists. As of writing, the NWLC can provide lexical profiles using the New JACET8000, SVL12000, the New General Service List, CEFR-J, and SWEK-J lists. All of these word lists were constructed with the needs of Japanese learners of English in mind. The NWLC is just one of many free vocabulary profiling tools (e.g., lextutor.ca \& Antconc), but what makes it stand out is its use of flemma and lemma-based word lists, the userfriendly design, and its focus on Japanese learners of English. For a more detailed description of NWLC please see Mizumoto et al. (2021).

## 4. HOW TO USE NWLC

In this example, a TED talk titled The secrets of learning a new language (Machová, 2018) is profiled for a prospective listening task.

The first step was to copy the transcript from the TED webpage (Figure 3).

Figure 3
The TED talk transcript used for this demonstration (Machová, 2018)


Then, the transcript was pasted into NWLC (Figure 4). In this example, the Word List selected is the New General Service List—NGSL (Browne et al. 2013) because it is one of the most recognized word frequency lists in our context. As mentioned above, a variety of Word Lists are available on the NWLC, and the JACET8000 would also be an informative alternative for this profiling task.

Figure 4
The TED talk transcript pasted into NWLC


Click 'Check' first to create 'Word List'.

From this point, you click the blue " 1 . Check" button, and the following text profiling report is generated (Figure 5).

Figure 5
The profiling report from NWLC


This report shows that $91.72 \%$ of the words used in this text are found in the 2801word NGSL list. The percentage can be interpreted as your students ought to be able to comprehend $91.72 \%$ of the words in this talk providing, they know all 2801 words in the NGSL at the spoken receptive level. For a teacher checking the appropriateness of this TED talk for classroom use, however, their focus ought to be on the cumulative total column. It shows that if learners can decipher all proper nouns and numbers (3.76\%) and know all words in the NGSL, they may have a reasonable chance of comprehending this text (i.e., the cumulative percentage is $95.48 \%$ ). On the other hand, this text would not be appropriate for extensive listening or listening fluency training as both require $>98 \%$ and $100 \%$, respectively. Further down the analysis page, a color-coded map shows which words come from the different NGSL-related word lists (Figure 6). Interestingly, the words colored black represent the proper nouns, numbers, and words unlisted in any frequency list ( $3.35 \%$ coverage). One could argue that some of these words, for example, polyglots, imitating, ingenious and gibberish would be unknown to most learners. Hence, the combination of these unknown off-list words and an unstable knowledge of the entire NGSL, would lead a teacher to conclude that this text would be too difficult for their students to comprehend. This text would only be appropriate as a listening exercise for advanced students because, Japanese students studying English at Universities in Japan are reported to (a) struggle with spoken input, (b) their spoken receptive vocabulary sizes are relatively low (see Milliner \& Dimoski, 2019; Milliner
\& Dimoski, 2021; Mizumoto \& Shimamoto, 2008), and (c) the volume of potentially unknown unlisted words in this text is quite high. Nevertheless, in situations where this text may be appropriate, the NWLC provides useful assistance to teachers for effectively utilizing this text in their classrooms. A teacher could pre-teach or provide a glossary of the beforementioned unlisted words. Moreover, a teacher could click on the Word List tab in NWLC to access a word frequency report and a list of Auto-extracted keywords (Figure 7). These auto-extracted keywords could also be incorporated into pre-listening vocabulary instruction or schema-building activities to help give learners a better chance of comprehending the video.

Figure 6
Color-coded items from the different frequency lists

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Up to First 2,000 Words in Colors: NOSL, NAWLTOEIC/BSL, NAWLLTOEIC, NAWL/BSL, or TOEIC/BSL, Only in NAWL, TOEIC, or BSL, ProperNoun/Num/Known/NA

00:06 il love learning foreign languages in fact Ilowe it so much that like to learn a new language every two years currently working on my eighth one when people find that out about me they always aik me how do you do that what is your secret and to be honest for many years my answer would be id nken is imply love learning languages but people were never happy with that answer they wanted to know why they are spending years trying to lear. speak a lot of languages and that made me wonder too how do actually other polyglots do it what do we have in common and what is it that enables us to earn larguages so much faster than other people i decided to meet other people Bke me and find that out $00: 56$ the best place to meet a lot of polyglots is an event where hundreds of language lovers meet in one place to practice their languages there are several such polyglot events organized all around the worid and soi decided to go there and ask polygots about the methods that they use $0: 11$ and soi met Benny from lreland who told me that his method is to start speaking from day one he learns a few phrases from a travel phrasebook and goes to meet native speakers and starts having
conversations with them right away he does n't mind making even 200 mistikes a day because that is how he learns based on the feedbock and the best Thing is he does n't even need to travel a lot today because you can easily have conversations with native speakers from the comfort of your fiving room Using websites 01:40 I also met Lucas from Brazil who had a really interesting method to learn russian he simply added a hundred random russian speakers on Skype as triends and then he opened a chat window with one of them and wrote hi in Russian and the person replied hil how are you Lucas copied this and putt into a text window with another person and the person reptied i'm fine thank you and how were you Lucas copied wis back to the tart toping himselt because he had so mary of these comversations that he figured out how the russian conversation usually starts what an ingenious method right and then i met polyglots who always start by imitating sounds of the language and others who always learn the 500 most frequent words of the language and yet others who always stert by reading about the grammar if lasked a hundred different polygbts i hoard a hundred different aproaches tolearning languages everybody seems to have a unique way they learn a language and yet we air come to the same result of speaking hveral languages huenty 02.64 and asi was was great fun you should have seen their faces when they were showing me their colorftul grammar charts and their carefully handmade flash cards and their statistics about learning vocabulary using apps or even how they love to cook based on recipes in a forrign language all of them use different methods but they always make sure it is something that they personally enioy 03:34 i realized that this is actually how i learn languages myself when was learning Spanish i was bored with the text in the textbook i mean who wants to read about Jose asking about the drections to the train station right Potter and started reading and sure enough i did n't understand almost anything at the beginning but ikept ton reading because i loved the book and by the end of the book i was able to follow it almost without any problems and the same thing happened when i was learning german i decided to watch riends my favorite sitcom in German and again at the beginning it was af/ Just gibberish i did n't know where one word finished and another one started but ikept on watching every day because it is Friends ican watch it in anyy language ibve it so much and after the second or third season seriously the dialogue started to make sense tornly reatzed this after meeting other polyglots wo are no geniuses and we have no shortcurt to learning langugges we doing overy day if you do n't like writing words down on paper you can atways type them in an app if you do n't like listening to boring textbook materibi find interesting content on YouTube or in podcasts for any language if you 're a more introverted person and you can n't imagine speaking to native Speakers right away you can apply the method of selt talk you can talk to yourselt in the comfort of your room describing your plans for the weekend how
 nd the best news is it is avaiable to anyone who is waling to take the learning into their own hands $05-27$ so meeting other polyglots helbed me 1 eca. Ioreig languege you $11 /$ also need to apply three more principles $05: 44$ first of all you 'll need effective methods if you try to memorize a list of words for lest tomorrow the words will be stored in your short term memory and you 'll forget them atter a tew days it you however want to keep words long term you need to revise them in the course of a few days repentedly using the so called space repetition you can use apps which are based on this system

Figure 7
Word List and Auto-extracted Keywords reports from NWLC


## 5. CONCLUSIONS

Before discussing the conclusions, it is important to note that knowing 95~100\% of the words in a text does not guarantee comprehension. The difficulty of spoken or written texts extends beyond lexical knowledge as learners draw from grammatical, metacognitive, and background knowledge for comprehension. Nevertheless, the coverage comprehension model provides teachers with a reasonably objective benchmark for evaluating the difficulty of teaching materials, and the NWLC represents an efficient and accurate tool for this purpose. In addition, the NWLC helps teachers identify potential areas of difficulty so they can provide the necessary support for comprehension. Outside of appraising the difficulty or suitability of prospective teaching materials, the NWLC can be used to survey the lexical coverage of student writing or check for overused vocabulary. Teachers interested in assessing their learner's lexical knowledge should visit Vocableveltest.org, which provides free, customizable vocabulary levels tests (see Milliner, 2022 for a description on how to use this site). With more level-appropriate materials, teachers stand to have a much greater impact on their students' learning.

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